



# Dhirta ugu wanaagsan bacriminta

Turjumaada Español,  
Hmoob, Русский iyo  
Af Soomaali iskaan  
summada QR



**barbar waqti hore**  
**Geranium Duurka**  
**(*Geranium maculatum*)**  
(Creative Commons)



**Badhtanka-xagaaga**  
**Dirta Balanbaalista**  
**(*Asclepias tuberosa*)**  
(waxaa leh xuquuqda: jaamacada  
St. Thomas)

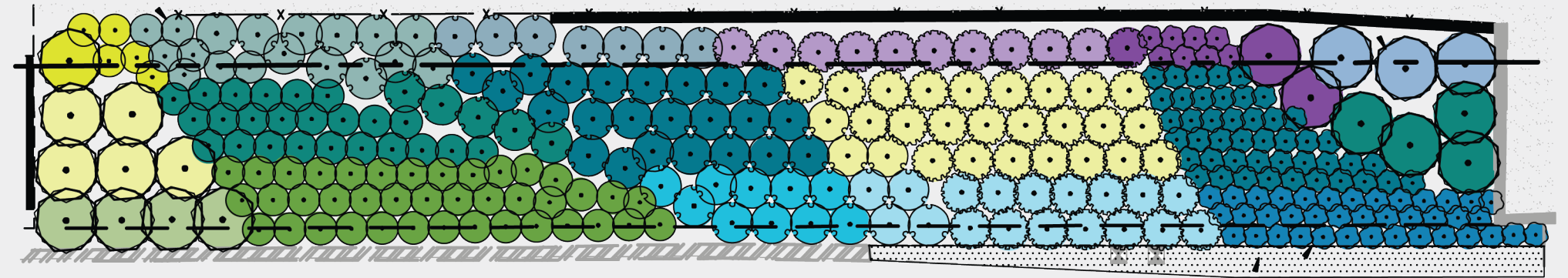


**barbaarin Inta**  
**Danbe**  
**Bergamot Duurka**  
**(*Monarda fistulosa*)**  
(waxaa leh xuquuqda:  
jaamacada St. Thomas)

Shinida ayaa lagu yaqaanaa inay yihiin bacrimiyayaasha ugu wanaagsan, laakiin waxaa jira bacrimiyayaal kale oo faro badan oo ay ku jiraan balan baalista, jinaca, dukhsiga, xaarwalwaalka, shimbiraha iyo kuwo kale oo badan! Iyaga oo iniinta taranka hal geed inta ay qaadaan gaynaya mid kale, waxay rimiyaan geedaha oo waxay u suurto geliyaan inay yeeshaan midho ama siidh. Caafimaadka bacrimiyayaasha ayaa muhiim u ah nidaamkeena cunto iyo kala duwanaanshaha nolosha caalamka.

Ubaxa figtan ayaa si gaar ah loo xushay si uu u siiyo cunto iyo meel ay ku noolaadaan bacrimiyayaashu xiliga ay korayaan. Imisa nooc oo bacrimiyayaal dhirta ah ayaa wakhtiga hore jira wakhtigan?

Allina Health waxay ku faantaa inay yarayso biyaha duufaanka oo ay ilaaliso pollinators taas oo qayb ka ah falsafada daryeelka shaqsiya oo dhan. Daryeelka deegaankeenu waxa uu muhiim u yahay in aanu xaqiijino caafimaadka wanaagsan ee bukaanka Allina Health, shaqaalaha iyo bulshadeena.



Jidka Baaskiilka Cagaarka ee Magaalada Badhtankeeda

Rough Blazingstar	Ubaxa Koonka Soosaliga	Dhirta Balanbaalista	Bergamot Duurka	Golden Alexander	Calico Aster
Jokebari Madaw oo Qurux Badan ee Iroquois	Muskingum Dogwood	Coon malabduuqe dureed	Jokebari Madaw oo Qurux Badan ee Iroquois	Coon malabduuqe dureed	Muskingum Dogwood
Lanceleaf Coreopsis	Ubaxa Ku Samaysma Barafka Laamida	Geranium Duurka	Ubaxa Soosaliga ee Ku Samaysma Laamida	Ubaxa Foxi ee Ku Samaysma Laamida	

