

## Fit Testing for West Health (WHL)

## 1. Allina Health Fit-testing Guidelines:

- All students must submit the Baseline Respirator form once. See directions in Clinician Nexus requirements. Send ONLY to the email address listed on the form. Do not send other fit-testing questions to that email.
- Confirm that your student experience does or does not require fit-testing. See #2 below.
- Fit-testing is required every 12 months at Allina Health. If you have not been fit-tested at Allina within 12 months of the rotation start date, or your rotation extends beyond when the 12-month expiration, you must create a plan to be fit-tested to be compliant. If fit-testing is:
  - Not needed for the experience, which is "the plan." The requirement may be marked complete.
  - Required, when it has been scheduled at Allina Health, which is "the plan." The student may mark the requirement in Clinician Nexus as complete. Follow directions in #4 below.
  - Required, Allina will accept a copy of fit testing documentation from a non-Allina site provided the following requirements are met:
    - i. Fit-testing was conducted in a way that met OSHA requirements (qualitative or quantitative test method).
    - ii. Results of the fit-testing are not more than 12 months old.
    - i. Student was fit-tested to an Allina approved respirator model (1870+, 1860 or 1860S)
    - ii. The requirement may not be marked as complete until the documentation has been confirmed by the school coordinator as meeting the requirement.
- At the clinical site, students are expected to wear the N95 respirator to which they were fit-tested.
- 2. Many students will be required to undergo fit-testing for N95 respirators.
  - Fit testing is not required for: Sterile Processing, Administrative, Project, or fully virtual students. As there is no
    patient contact.
  - Fit-testing is required for the following:
    - Nursing students
    - Student Registered Nurse Anesthetists (SRNA)
    - Respiratory Therapy students
    - Surgical Technician students
    - Nurse Practitioner, Physician Assistant and Medical students
    - Paramedic and EMT students
    - ❖ All student disciplines in the ICU, OR, or ED involving patient contact.
  - a. If not specified above:
    - If in question, school should confirm with the site safety lead and the unit leader.
    - The student will need to follow the directions from their faculty, unit leadership or site safety lead.
    - The need is determined by site safety leads in collaboration with department leaders for students with potential for direct patient contact (e.g., Radiology and Cardiovascular Diagnostic students, Social Work, Rehab: Physical Therapy, Occupational Therapy, Speech Therapy students, etc.)
    - All Courage Kenny Rehab Institute students (except hospital inpatient nursing units) will be fit-tested at the beginning of the rotation, if needed. No advanced scheduling is required.



## Academic Affiliations

- 3. Students needing to be fit-tested at Allina Health must review the following:
  - Complete Respirator Questionnaire and submit to <a href="mailto:sniocchealth@allina.com">sniocchealth@allina.com</a> at least a week prior to fit-testing.
  - Expect to spend 30 60 minutes.
  - Do not:
    - o Be late. Arrive 5-10 minutes before start time of session. Those arriving late will need to reschedule.
    - o Eat, drink or chew gum for at least 30 minutes prior to testing.
    - Attend fit testing with facial hair growth. Facial hair will interfere with fit testing. Contact site safety lead for directions if you are not able/willing to shave.
    - Wear facial make-up.

## 4. Follow the steps below to schedule fit testing at Allina Health:

- See scheduling information below.
- If in doubt, contact site safety lead for assistance with determining fit-testing is need.

Site	Site Safety Lead	
West Health ED/Urgent Care ONLY -	Merijo.Schornstein@allina.com	
all other WHL clinics are under		
AHG/AHC		
Site	Site Safety Lead	Additional scheduling info:
Allina Health Group Clinics/AHC	Ask preceptor for Clinic Manager	Consult with Clinic Manager on Fit-
	information	Testing need.