

Call 612-262-7900, toll-free 888-691-0045 or fax 612-262-7860 to schedule **FIRST** appointment at the following locations:

**ALBERTVILLE**

(adult & pediatric speech)  
11091 Jason Ave NE, Suite 2  
Albertville, MN 55301  
763-744-4140

**ANNANDALE**

440 Elm St E  
Annandale, MN 55302  
763-684-3822

**APPLE VALLEY**

Apple Valley Medical Center  
14655 Galaxie Ave, Suite 160  
Apple Valley, MN 55124  
651-241-3880

**BUFFALO**

Fitness Center  
101 14th St NE, Suite 1A  
Buffalo, MN 55313  
763-684-3880

(Adult & pediatric services)

Across from Buffalo Hospital  
300 Catlin St, Suite 101  
Buffalo, MN 55313  
763-684-3888

**BURNSVILLE**

(adult & pediatric services)  
12400 Portland Ave So, Suite 140  
Burnsville, MN 55337  
952-428-0400

**CAMBRIDGE**

(adult & pediatric services)  
Cambridge Medical Center  
701 South Dellwood St  
Cambridge, MN 55008  
763-688-7782

**CHAMPLIN**

11269 Jefferson Hwy N, Suite 200  
Champlin, MN 55316  
763-236-0780

**COON RAPIDS**

Mercy Specialty Center  
11850 Blackfoot St NW, Suite 400  
Coon Rapids, MN 55433  
763-236-8911

Springbrook

9055 Springbrook Dr  
Coon Rapids, MN 55433  
763-236-1050

Courage Kenny Kids-Coon Rapids

Mercy Health Care Center  
3960 Coon Rapids Blvd NW  
Suite 123

Coon Rapids, MN 55433  
763-236-7337

Mercy Hospital

Lower Level  
4050 Coon Rapids Blvd  
Coon Rapids, MN 55433  
763-236-8910

**COTTAGE GROVE**

8811 92nd St S, Suite 101  
Cottage Grove, MN 55016  
651-241-3777

**EAGAN**

1284 Corporate Center Dr,  
Suite 500  
Eagan, MN 55121  
612-775-2940

**EDEN PRAIRIE (POOL)**

8501 Flying Cloud Dr  
Eden Prairie, MN 55344

**EDINA**

Centennial Lakes  
7373 France Ave S, Suite 204  
Edina, MN 55435  
952-428-0600

Abbott Northwestern's  
Center for Outpatient Care  
8100 W 78th St, Suite 205  
Edina, MN 55439  
952-914-8065

**ELK RIVER**

14181 Business Ctr Dr NW  
Suite LL100  
Elk River, MN 55330  
763-236-0580

**FARIBAULT**

(adult & pediatric services)  
Across from District One Hospital  
35 State Ave  
Faribault, MN 55021  
507-497-3790

**FOREST LAKE**

(adult & pediatric services)  
1467 Lake St So, Suite 300  
Forest Lake, MN 55025  
651-241-3840

**FRIDLEY**

(adult & pediatric services)  
Mercy Hospital – Unity Campus  
Lower Level  
550 Osborne Rd NE  
Fridley, MN 55432  
763-236-3000

Unity Professional Building  
500 Osborne Rd NE, Suite 365  
Fridley, MN 55432  
763-236-2150

**GOLDEN VALLEY**

(adult & pediatric services)  
3915 Golden Valley Rd  
Minneapolis, MN 55422  
612-775-2455

**HASTINGS**

Allina Health Hastings Nininger  
Road Clinic  
1285 Nininger Road  
Suite L001-lower level  
Hastings, MN 55033  
651-404-1399

YMCA

85 Pleasant Drive  
Hastings, MN 55033  
651-404-1002

**ISANTI**

300 5th Ave NE, Suite 200  
Isanti, MN 55040  
763-688-9750

**MAPLE GROVE**

7840 Vinewood Lane, Suite A  
Maple Grove, MN 55369  
763-236-0258

**MINNEAPOLIS**

Abbott Northwestern Hospital  
800 E 28th St, 2nd Floor  
Minneapolis, MN 55407  
612-863-1924

2800 Building  
2800 Chicago Ave, Suite 102  
Minneapolis, MN 55407  
612-863-4446

**PLYMOUTH**

Abbott Northwestern –  
WestHealth  
2805 Campus Dr, Suite 345  
Plymouth, MN 55441  
763-236-5555

**RAMSEY**

7231 Sunwood Dr NW, Suite A  
Ramsey, MN 55303  
763-236-0006

**RICHFIELD**

6601 Lyndale Ave S, Suite 105  
Richfield, MN 55423  
612-775-5190

**SAINT PAUL**

Bandana Square  
1021 Bandana Blvd E, Suite 123  
St. Paul, MN 55108  
651-241-3939

Doctors Professional Bldg  
280 Smith Av N, Suite 120  
St. Paul, MN 55102  
651-241-7560

United Hospital  
333 Smith Ave N, first floor  
St. Paul, MN 55102  
651-241-8290

**SHOREVIEW**

4180 No Lexington Ave  
Shoreview, MN 55126  
651-241-1455

**STILLWATER-ST. CROIX**

(adult & pediatric services)  
1460 Curve Crest Blvd  
Stillwater, MN 55082  
651-241-3820

Courage Kenny Kids-ECFC  
(ages 8 and under) Early  
Childhood Family Center  
1111 Holcombe Street So  
Stillwater, MN 55082  
651-241-3830

**VADNAIS HEIGHTS**

1155 East County Rd E, Suite 120  
Vadnais Heights, MN 55110  
651-241-1464

**WOODBURY**

1625 Radio Dr, Suite 220  
Woodbury, MN 55125  
651-241-3636

Call the locations below directly to schedule **FIRST** appointment:

**NEW ULM**

(adult & pediatric services)  
New Ulm Medical Center  
1324 Fifth North St.  
New Ulm, MN 56073  
507-217-5173

**OWATONNA**

(adult & pediatric services)  
Owatonna Hospital  
2250 NW 26th St  
Owatonna, MN 55060  
507-977-2150

**RIVER FALLS, WI**

River Falls Area Hospital  
1629 E. Division St.  
River Falls, WI 54022  
715-307-6050

**SPRINGFIELD**

(adult & select pediatric services)  
625 N Jackson Avenue  
Springfield, MN 56087  
507-723-6201

To find current listing of locations or directions to and parking information, please call the site directly or visit [AllinaHealth.org/CourageKenny](http://AllinaHealth.org/CourageKenny).

# Courage Kenny Rehabilitation Institute® Outpatient therapy

Courage Kenny Rehabilitation Institute, part of Allina Health, provides a broad range of outpatient rehabilitation services. Our skilled therapists work with children and adults who have injuries, illnesses and disabilities of all kinds.

We have locations throughout the Twin Cities and regional communities in Minnesota and western Wisconsin.

## CONTACT US

612-262-7900

TOLL-FREE 888-691-0045

[AllinaHealth.org/CourageKenny](http://AllinaHealth.org/CourageKenny)

## Physical Therapy

Physical therapy focuses on neurological concerns, spine, orthopedic and sports related needs.

Our physical therapists are trained in a wide array of rehabilitation services:

- Aquatic therapy
- Cancer rehabilitation
- Complex regional pain syndrome
- Concussion
- Functional capacity evaluation
- Lymphedema/edema therapy
- Neurological conditions including stroke, brain injury, multiple sclerosis, spinal cord injury
- Orthopedic rehabilitation following muscle, joint or spine injury, strains, sprains or surgery
- Pain management
- Parkinson's disease including Lee Silverman LSVT® BIG therapy
- Pelvic health (women, men and pediatric services)
- Physical performance testing
- Pre and post prosthetic training
- Spine rehabilitation
- Temporomandibular joint disorder therapy (TMD)
- Vestibular/balance/falls therapy
- Weight management
- Work conditioning/work hardening
- Wheelchair positioning clinic

Specialty services and equipment are also offered at multiple locations. Some specialties include: AlterG® Anti-Gravity Treadmill, Neuromuscular Electrical Stimulation NMES, robotic exoskeleton – the Ekso™ GT and the ReWalk 6.0™, weight bearing support devices (Lokomat), blood flow restriction, Spine MedX. Services for the novice and experienced athletes include RunSMART, CycleSMART, GolfSMART.

## Occupational Therapy

Occupational therapy focuses on neurological conditions, orthopedic needs, memory/problem solving and mental health concerns.

Our occupational therapists are trained in a wide array of rehabilitation services:

- Activities of daily living
- Assistive technology
- Aquatic therapy
- Cancer rehabilitation
- Cognitive testing
- Complex regional pain syndrome
- Concussion
- Constraint induced movement therapy
- Dementia
- Hand therapy
- Lymphedema/edema therapy
- Neurological conditions including stroke, brain injury, multiple sclerosis, spinal cord injury
- Parkinson's disease including Lee Silverman LSVT® BIG therapy
- Wheelchair positioning clinic
- Visual perception

*Specialty services and equipment are also offered at multiple locations.*

## Speech Language Pathology

Speech language pathology focuses on neurological conditions, speech and language needs, issues related to memory, thinking, voice and swallowing.

Our speech language therapists are trained in a wide array of rehabilitation services:

- Augmentative alternative communication
- Cancer rehabilitation
- Concussion
- Dysphagia/swallow assessment and rehabilitation treatment including VitalStim® (NMES) as appropriate
- Fiberoptic Endoscopic Evaluation of Swallowing (FEES) with administration of topical anesthetic and nasal decongestant
- Functional communication
- Laryngectomy rehabilitation
- Neurological conditions including stroke, brain injury, multiple sclerosis, ALS and more
- Paradoxical vocal fold movement (VCD)
- Parkinson's disease - Lee Silverman LSVT® LOUD therapy
- Tracheo-esophageal puncture (TEP) prosthesis with administration of topical anesthetic, and/or heat and moisture exchanger (HME)
- Transgender voice training
- Voice assessment and rehabilitation
- Videofluoroscopic swallow study
- Videolaryngoscopy and/or stroboscopy with administration of topical anesthetic and nasal decongestant, per protocol

## Pediatric Therapy Services

Comprehensive therapy services for infants, children and teens. Services include occupational therapy, physical therapy and speech language pathology. Available at regional locations and multiple metro locations.

### Occupational and Physical therapy specialty areas of service include:

- Activities of daily living
- Aquatic therapy
- Assistive technology
- Balance/coordination
- Cognition/attention
- Concussion
- Feeding (oral, behavioral, swallowing, sensory)
- General conditioning
- Intensive therapy, Therasuit™
- Kids and Teen Weight Management
- Motor skills
- Orthopedic and spine conditions
- Pelvic health
- Pre & post-surgical
- Torticollis
- Sensory processing
- Visual perception
- Wheelchair and equipment needs

### Speech Language Pathology specialty areas of service include:

- Articulation
- Augmentative communication
- Communication
- Developmental apraxia
- Expressive/receptive language
- Oral motor skills
- Stuttering
- Videofluoroscopic swallow study
- Dysphagia/swallow assessment and rehabilitation treatment including VitalStim® (NMES) as appropriate
- Voice